

### Dist. 3291 | Club No. 224172 | Vol. 3 | Issue 3 |

## **END POLIO NOW CAMPAIGN 2024**

Club of Kolkat Subhash Sarova District 329

Rotarv





On world polio day, 3rd of March 2024, RC of Kolkata Subhash Sarovar participated in the rally organized by the Rotary International District 3291 to create polio awareness. We administered polio drops in our local booth in collaboration with KMC. Our club was the co-sponsor of the event and we were recognized for our contribution to "Keep India Polio Free"

## **FIRE SAFETY AWARENESS DRILL 2024**

Fire awareness drill was conducted at Lake District on 10th March 2024 by Rtn. Manish Bhargava, Rtn. Secretary Debasish Bhattacharjee, Rtn. Raja Bhattacharjee and Rtn. Indranil Chakraborty. All security staff were briefed about the fire extinguishers usage, including deployment procedures in case of an emergency. Demonstrations were conducted, emphasizing the correct technique for using fire hoses to extinguish fires.



Gordon R. McInally RI President



Hiralal Yadav District Governor



# Message by President: Joy of Giving



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As humans beings our lives are all about experiences punctuated by moments of joy, two of the most fundamental being the joy of getting and the joy of giving. While both emotions evoke happiness, they stem from contrasting sources and leave distinct imprints on our lives.

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The joy of getting is often associated with acquiring material possessions, achieving personal milestones, or experiencing moments of success. It is rooted in

individual satisfaction and the fulfillment of desires. This type of joy can be ☆ fleeting, dependent on external factors, and sometimes accompanied by a sense ☆ of emptiness once the novelty wears off. While getting brings immediate gratifi- $\frac{1}{2}$ cation, it may not necessarily lead to lasting fulfillment or deep connections with ☆ others.

☆ Conversely, the joy of giving transcends the self and is derived from acts of ☆ generosity, kindness, and compassion towards others. It involves sharing one's ☆ time, resources, or talents without expecting anything in return. This type of joy ☆ is profound and enduring, leaving a lasting impact on both the giver and the recipient. Giving fosters a sense of connection, empathy, and purpose, enriching ☆ our lives in ways that extend beyond material wealth  $\overset{}{\leftarrow}$ 

☆ While the joy of getting focuses on personal gain, the joy of giving emphasizes ☆ contribution and service to others. While getting may bring temporary happiness, ☆ giving cultivates a sense of fulfillment and meaning that resonates deeply with ☆ the human spirit. In a world often driven by consumption and individualism, embracing the joy of giving can lead to greater happiness, fulfillment, and a ☆ sense of interconnectedness with others. ☆

☆ In conclusion, both the joy of getting and the joy of giving are integral aspects of  $\bigstar$  the human experience, each offering its own unique rewards. While the joy of ☆ getting satisfies immediate desires, the joy of giving nourishes the soul and fosters deeper connections with others. Striking a balance between these two  $\bigstar$ types of joy can lead to a more meaningful and fulfilling life, where personal ☆ satisfaction is complemented by acts of kindness and generosity towards others. ☆

#### WHEEL CHAIR DONATION



5 Wheelchairs were donated at Premananda Memorial Leprosy Hospital 259A, A.P.C. Road, Manicktala, Kolkata, West Bengal -700006, Eastern India. The recipients of the wheelchair were very happy with the quality of the wheelchair donated . My gratitude to the five donors Rtn President Rtn Meenakshi Bhargava, President elect Rtn Murli Jaiswal, Rtn Manish Bhargava and Rtn Anjali Parikh

# TRF CONTRIBUTORS

Exciting News: Rotary Club of Kolkata Subhash Sarovar proudly welcomes 4 new Paul Harris Fellows! With their generous donation of \$500 USD each, these members have demonstrated exceptional commitment to our community and Rotary's humanitarian efforts. Let's congratulate President Rtn Meenakshi Bhargava, President elect Rtn Murli Jaiswal, Rtn Manish Bhargava and Rtn Anjali Parikh on this prestigious achievement and thank them for their dedication to making a positive impact.

### **RLI TRAINING**





President Rtn Meenakshi Bhargava, President elect Rtn Murli Jaiswal, Rtn Manish Bhargava and Rtn Anjali Parikh attended the online RLI classes together. Hon member Rtn D.K. Mohta also attended for some while

☆☆ `..... ☆☆ The Rotary Learning Institute (RLI) offers transformative ☆☆ ☆☆ learning experiences for Rotarians. Participants gain en-☆☆ hanced leadership skills, expanded knowledge of Rotary ☆☆ values, and access to practical tools for community impact. ☆☆ Networking opportunities foster collaboration and idea ☆ ☆ exchange among diverse Rotarians. RLI encourages per-☆☆ ☆☆ sonal growth, inspiring individuals to embrace new per-☆☆ spectives and contribute more effectively to their clubs and ☆☆ communities. Engaging speakers and interactive sessions ☆☆ provide motivation to uphold Rotary's ideals of service ☆☆ above self. With a focus on empowerment and inspiration, ☆ ☆ ☆☆ RLI equips Rotarians with the skills, knowledge, and moti-☆ ☆ vation to make a positive impact locally and globally. ☆☆

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# SEWING MACHINE DONATION

A new Usha sewing machine was donated from RC Kolkata Subhash Sarovar to a family. She knew how to work on the machine. Their source of income is such that they are just able to meet their ends meet. This machine will help to generate a regular income for this family

## **MENSTRUAL HEALTH HYGIENE**



An exhaustive awareness session was conducted by Dr Kriti Agarwal at Surah Kanya Vidyalaya for girls. Awareness was provided for Menstrual Hygiene Management.

We finally felicitated the Doctor with Uttaraya, Appreciation certificate and a token gift

The girls gained a lot of knowledge and were thankful for the donation of sanitary pads

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#### WATER & SANITATION PROJECT



A water purifier was installed at Surah Kanya Vidyalaya in 19th March'2024

Around 1500 students will be benefited.



Rotary club of Kolkata Subhash Sarovar in association with We care, Kolkata Care We Share, CNCI, and Fortis hospital organized a mega health camp at Lake District complex for the residents and staff of the community on 17th March 2024

Comprehensive general check up, BP, Sugar, BMI, ECG, cervical cancer (HPV DNA test), and mammography

The camp aimed at early detection of general health issues and two major cancers that occurs commonly in women. Also provided necessary intervention, awareness and tests for the same .The camp was attended enthusiastically by a large number of people from and around the society.

Beneficiary were around over 85 people



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#### Venue— Royal China, Forum Mall **Guest of honor PDG Rtn Rajkumar Rajgharia** Minutes of the meeting -46/2023-24 Dated: 13.03.2024



MEETING MINUTES Meeting called to order by President at 8:23 PM.

**Agenda-1**: Detailed discussion was addressed on the upcoming health camp at lake district complex for the residents which will be conducted by CNCI, Fortis in collaboration with We care from 11AM till 3PM Cost factor was discussed which approx budgeted to Rs 20,000/- on which Rtn Rakesh Agarwal and HM Rtn D.K.Mohta announced there share of contribution

**Agenda 2**: It was decided that DG visit expenses needs to be covered by members and spouse contribution of Rs 1000/- per head. Regarding non-veg plates, same will be ordered on AI a carte basis to balance the expenses. Rtn Indranil will be discussing with the Hotel De Sovrani on finer points and will be accompanied by Rtn Sharad for the same. POA and final discussion will be again held in a unofficial meeting soonest

**Agenda 3:** Rtn Manish updated on the water project at Surah Kanya Vidyalaya. Estimated expense calculative is Rs 40,000/- of which Rs 20,000/- has already been contributed by our HM Rtn D.K.Mohta. An appeal was made to all members to contribute to complete the project and cover the expenses.

**Agenda 4**: Adult literacy project for the time being was shelved by members as proper feedback was not being received from RI on same. Will be discussed later.

**Agenda 5:** Old age home project of Ripon Street was getting delayed. On same Rtn Indranil expressed his desire to look into other old age homes for potential project possibility.

Agenda 6: It was decided that next meeting to be considered as DG visit i.e. 21st March 2024

**Agenda 7:** The project was discussed and approved by members. Minor arrangements etc would be done in due course for which Rtn Manoj Mishra, Rtn Manish Bhargava and Rtn Indranil Chakraborty were asked by President to co-ordinate. The medical team of Premananda was suggested by Rtn Manish Bhargava and was approved. Regarding the need of gynecologist, Rtn Indranil and his spouse were asked to co-ordinate with Dr Mahua. Additionally, Rtn Manoj Mishra is trying to rope in Dr Jayanta Chakraborty as presence of a pediatrician has been desired by The Mahadev club, Subhash Sarovar as the club is mainly a football coaching club for boys and the boys come from underprivileged families.

**Agenda 8**: Guest of honor PDG Rtn Rajkumar Rajgharia was introduced and he gave his speech of motivation and explained about citation awards and way forward on same.

Meeting was adjourned at 10:00 PM by the Chair and Fellowship commenced

Next Scheduled Meeting – 21st March 2024 (DG Visit) at Hotel De Sovrani



**Editor: IPP Rtn Priti Kshettry**